

CHBHC

1. To prepare a work force in the country with the skills required to look after elderly and people suffering from chronic progressive illnesses (sickness).
2. To provide care to people at home setting after discharge from tertiary care.
3. To help the family members and patients to cope with the stress of care to their long term ailing relatives.
4. To provide quality of life for the patient and the family members.

CNS HC 001

Basics of Home Based Care

1. Explain the concepts of home based health care
2. Describe the qualities of home care providers
3. Discuss the communication skills
4. Develop rapport with the patient and family members
5. Explain human body system and related functions
6. Identify problems related to body systems and recognize signs and symptoms
7. Provide care keeping in mind various needs of the patient
8. Give care to dying persons
9. Give first aid to a person in emergency situation
10. Listen to the problems of the patient and family members and provide counselling accordingly

Assessment

Assignment 1 and term end examination 1

CNS HCP 001

Skills Related to Home Based Care

1. Take history of the patient
2. Assess the problems with chief complaints
3. Provide care related to personal hygiene
4. Counsel the patient and family members in terminal stage of illness
5. Help the patient in meeting physical, emotional, social, nutritional, elimination needs, and
6. Maintain record of medicine, vital signs. Intake/output

Assessment

Self activities and supervised activities and Final practical examination