

CNCC

- 1) To develop an integrated understanding of both nutrition, and early childhood care and education.
- 2) To develop understanding of basic principles related to food, nutrition and health and develop skills of managing small scale food service establishment.
- 3) To be aware of development of children from birth to six years of age and ways of promoting it, through developing skills for setting up Early Childhood Care and Education centre.

CNCC-1 Nutrition for the Community

1. To select the right kinds of food keeping cost in mind.
2. To plan reasonably priced nutritious meals/snacks for yourself and other members of your family.
3. To be familiar with the meal patterns typical of various regions of the country and to identify common illnesses that arise out of eating the wrong types of food.
4. To know the various programmes organised by the government to tackle nutritional problems.
5. To plan the production of suitable packed lunches and snacks in large quantities for distribution to individuals and institutions such as schools, colleges and offices.

Assessment
LO 1 2 & 3 Assignment and
Term-end exam

CNCC-2 Organizing Child Care Services

- 1) To develop a sensitivity towards the needs and rights of children
- 2) To understand the development of children from birth to six years of age
- 3) To acquire skills useful in day-to-day interaction with children
- 4) To plan play activities for children that will foster development
- 5) To understand the principles of organising child care centres

Assessment
LO 1 & 2 Assignment and
Term-end exam