

Post Graduate Diploma in Geriatric Medicine (PGDGM)

The broad objectives of this programme are to:

Upgrade the knowledge and skills for providing comprehensive health care to elderly;

Inculcate the inter-disciplinary approach for diagnosing and management of geriatric health problems; and

Improve the clinical, social and communication skills by providing hands on training in medical colleges and district hospitals.

MME-004 Basic Geriatrics

Discuss the demographic transition and its health, economic and social manifestations
Describe the biological processes associated with aging and their impact on the dietary, pharmacological and therapeutic decisions
Explain how to identify the high risk elderly and advice for aging gracefully
Identify the governmental and Non Governmental Organisations involved in care of elderly
Recognise the multi disciplinary aspects of Rehabilitation

Evaluation
TMA and Term End Exam

MME-005 Clinical Geriatrics

Discuss the physiological changes due to aging
Describe how the clinical presentation of various diseases and disorders are different in the elderly
Discuss the investigations, their interpretation and management of the systemic problems in elderly

Evaluation
TMA and Term End Exam

MMEL-004 Basic Geriatrics Practical

Take geriatric history at home including detailed medical, past, medical, assessment of activities of daily living and
Assess nutritional status and plan diet
Examine environment of home of elderly for safety
Perform general physical examination and relevant systemic examination
Undertake health education and conduct group meetings
Counsel elderly on various issues
Identify risk factors and select individuals for screening BMI, NCD

Evaluation
Internal Assessment and Term End Exam

MMEL-005 Clinical Geriatrics Practical

Discuss the physiological changes due to aging.
Identify and describe common systemic diseases and disorders in elderly.
Describe how the clinical presentation of various diseases and disorders are different in the elderly.
Discuss the systemic approach to relevant investigations and their interpretation.
Provide primary management of the systemic problems in elderly and refer as and when required.

Evaluation
Internal Assessment and Term End Exam