

1. Details of the Teacher/ Academic:

Name & Date of Birth :	Dr Navita Abrol
Date of Joining in IGNOU:	11.05.2011
Current Designation :	Asstt Director
Pay Scale as on date :	Level 12
Qualifications :	PhD, PGDDE

2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:

Name of the recipient	Honour /Award/ Fellowship name/ membership of Professional body/ Statutory body	Agency name /Name of statutory body/ institution/ Apex body	Period
Dr Navita Abrol	Certificate of Honour	CSK Himachal Pradesh Vishvidalaya, Palampur	2002

3. Books/BookChapter:

- Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN No

S. No	Name of Author1/ Editor 1, & Co-author (s) / Co-editor (s) (if any)	Title of chapter/book	Place of publication	Publisher	Year	Total Pages	ISBN No.
1.	Abrol, N., Ratra, A. and Chhikara, S.	<i>Cognitive, Learning and Intelligence Theories.</i> In Human Development and Family Relationships	New Delhi	IGNOU	2010	114-146	978-81-266-4591-6.
2.	Ratra, A. and Abrol, N.	Introduction to Human Development. In <i>Human Development and Family Relationships</i>	New Delhi	IGNOU	2010	9-40	978-81-266-4591-6.

3.	Ratra, A. and Abrol, N.	<i>Understanding development during early childhood.</i> In Manual for Supervised Practicum	New Delhi	IGNOU	2010	55-67	978-81-266-4591-6.
4.	Ratra, A. and Abrol, N.	<i>Understanding development during middle childhood.</i> In Manual for Supervised Practicum,	New Delhi	IGNOU	2010	68-75	978-81-266-4591-6.
5.	Ratra, A. and Abrol, N.	<i>Understanding Adulthood: Achieving Maturity.</i> In Manual for Supervised Practicum,	New Delhi	IGNOU	2010	101-120	978-81-266-4591-6.
6.	Ratra, A. and Abrol, N.	<i>Understanding Old Age: The last stage of Human life span.</i> In Manual for Supervised Practicum,	New Delhi	IGNOU	2010	121-130	978-81-266-4591-6.
7.	Ratra, A. and Abrol, N.	<i>Practicals 1 to 8.</i> In Manual for Supervised Practicum,	New Delhi	IGNOU	2011		
8.	Ratra, A. and Abrol, N.	<i>Research Tool & Practical 2 to 6.</i> In Manual for Supervised Practicum	New Delhi	IGNOU	2011		
9.	Sood*, N. Sangwan, S. and Duhan, K.	Mental Health Status of Preschoolers. In <i>Quest in Education.</i>	Agra	H P Bhargava Book House	2010	59-71	978-93-80346-23-6
10.	Sood*, N., Sangwan, S. and Duhan, K Eds: Bhargwa, M. and Pandey, N	Sexual Harassment - Legal Safeguard. In <i>Psychology for healthy Living</i>	Agra	Har Prasad Institute of Behavioural Studies	2009	172-176	ISBN No: 978-81-907126-4-4

11.	Sood*, N., Sharma, S. and Sangwan, S. Eds: Kothari, U	A study on leisure time activities of retirees. In <i>Challenges to the changing status of aged</i>	Jodhpur	Books Treasure.	2007	131- 135	
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*Earlier the maiden name was Sood after marriage it is Abrol

4. Research Articles/Publications:

SNo.	Author/ Co-author (if any)	Title	Name of Journal	Volume	Page no. (s)	Year	ISSN No
1.	Srivastava, M. , Abrol, N. and Suman S.	Educational Empowerment of the Indian Armed Force: A case Study of IGNOU	<i>Indian Journal of Open Learning</i>	28(1)	23-35	2019	0971-2690
2.	Srivastava, M. ,Suman S.and Abrol, N.	Regulating Open and Distance Learning in India: A Historical Perspective	<i>University News</i>	56(30)	6-15	2018	0566-2257
3.	Abrol, N.	Multiple Intelligence: Every Child is Genius.	<i>Navtika: Journal of Early Childhood Care and Education.</i>	4(1)	3-14	2013	2348-8824
4.	Sood*, N., Sangwan, S. and Duhan, K.	Social Emotional Status and Behavioural Status of Preschoolers.	<i>Journal of Psychology</i>	2(1)	37-44	2011	0976-4224
5.	Rana, P., Sangwan, S. and Sood*, N.	Relationship of ecological factors with social-cognition of normal and slow learner.	<i>Haryana Agricultural University Journal Research.</i>	38(1-2)	53-77	2008	0379-4008
6.	Duhan, K. , Sangwan, S. & Sood*, N.	Group Discussion: Building blocks in development of children.	<i>PTAMagazine.</i>	45(12)	19-20	2007	Reg. No. DL-1207U (DN)-15
7.	Sangwan,S.; Chhikara, S. and Sood*, N.	Perceptual abilities of 3-6 years old children of Haryana.	<i>Behavioural Scientist.</i>	6(1)	69-72.	2005	0972-5911
8.	Sangwan, S. and Sood*, N.	Self concept of pre-adolescents: Associated factors.	<i>Praachi journal of Psycho-Cultural Dimensions.</i>	6(1)	69-72	2005	0971-7064

9.	Sangwan, S., Sood* , N. & Singh, C. K.	Creativity of young children.	<i>PTA magazine.</i>	3	4	2005	Reg. No. DL-1207U (DN)-15
10.	Rana, P., Sangwan, S. and Sood* , N.	Social cognition of normal and slow learners during late childhood.	<i>Psycho-lingua.</i>	34(2)	107-111.	2004	0377-3132

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5. Policy Documents Reports/ Mimeos:

SNo.	Title	Institution/ Agency	Year
1.	Manual for Regional Centre	IGNOU	2018
2.	Manual for Self-Study Report for Open Universities	NAAC	2019
3.	Manual for Self-Study Report for Dual Mode Universities	NAAC	2019

6. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops(Please do not mention if it is only participation without presentation)

SNo.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
1.	Abrol, N.* and Sangwan, S.	Stimulation programme: A tool to improve social, emotional and behavioural status of preschoolers	I C College of Home Science, CCHAU	National Seminar on <i>Scenario of woman in Agriculture and future projections.</i>	Hisar	16-17 th February 2012.
2.	Abrol, N..	Multiple Intelligence	Salwan Public School, Gurgaon.	Workshop for teachers and parents on <i>Nurturing the Genius</i>	Gurgaon	24-30 th Sept, 2011
3.	Abrol, N.	Introduction to MSc CFT Programme of Study	IGNOU	<i>Launch-cum-Orientation of Programme Coordinators and Academic Counsellors for M.Sc. (CFT) and PGDCFT of IGNOU</i>	New Delhi	25 th -26 th October, 2010

4.	Abrol, N..	Evaluation System of MSc CFT	IGNOU	<i>Launch-cum-Orientation of Programme Coordinators and Academic Counsellors for M.Sc. (CFT) and PGDCFT of IGNOU</i>	New Delhi	25 th -26 th October, 2010
5.	Abrol, N.	Attitude of Adolescent Girls towards Gender Mainstreaming	Guru Nanak Girls College, Santpura	National seminar on <i>Adolescence: The changing world</i>	Yamuna Nagar	5 th & 6 th February 2010
6.	Ratra, A. and Abrol, N.*	Qualitative and Quantitative Research Methodology in Disability Studies.	IGNOU	<i>National Seminar on Emerging Issues in Disability Studies</i>	New Delhi	5-6 th March, 2009
7.	Sood, N.* and Sangwan, S.	A study on effect of the changing habits of the preschoolers on their health.	National institute of Nutrition	<i>36th Annual meet of Nutrition society of India</i>	Mysore	5-6 Nov.2004
8.	Sood, N.* and Sharma, S.	<i>Leisure among the retirees of Himachal Pradesh.</i>	Indian Science Congress	91 st Indian Science Congress	Chandigarh.	January 3-7, 2004
9.	Sood, N.* and Kaur, P.	Violence against women: Impediment to empowerment. Paper presentation in <i>Seminar on Women Empowerment.</i>	I C College of Home Science, CCHAU	<i>Seminar on Women Empowerment.</i>	Hisar	June 16,2003

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10. Details of Programmes/ Courses coordinated/written/ edited/ translated:

SNo.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/ Written/ Edited (content/ language/ format)/ Translated	Period
1.	MSCCFT & PGCDCFT	MCFT-001	Cognitive, Learning and Intelligence Theories	Written	2010
2.	MSCCFT & PGCDCFT	MCFT-001	Introduction to Human Development.	Written	2010
3.	MSCCFT & PGCDCFT	MCFTL-001	Understanding development during early childhood.	Written	2010
4.	MSCCFT & PGCDCFT	MCFTL-001	Understanding development during middle childhood.	Written	2010
5.	MSCCFT & PGCDCFT	MCFTL-001	Understanding Adulthood: Achieving Maturity	Written	2010
6.	MSCCFT & PGCDCFT	MCFTL-001	Understanding Old Age: The last stage of Human life span.	Written	2010
7.	MSCCFT & PGCDCFT	MCFTL-004	Practicals 1 to 8.	Written	2011
8.	MSCCFT & PGCDCFT	MCFTL-005	Practical Manual	Adapted	2011

11. Training programmes designed and conducted, duration and dates

SNo.	Programme	Dates	Place	Number of Participants
1.	Orientation to New Programme Study Centre (38019(P))	7/ August/2012	New Delhi	05
3.	Orientation Programmes for academic counsellors of BSC	October 2016	New Delhi	15
2.	Orientation Programmes for academic counsellors of MA(Economics)	November 2016	IGNOU Hqs, New Delhi	18

12. Details of Counselling sessions conducted:

SNo.	Program me	Course	Place	Dates	Duration	Mode (Specify- Face to Face Radio counselling Teleconferencing Web conferencing Any Other)
1.	MAEDS	MES-013	New Delhi	July session 2011	2 hours each	Face to face
2.	MCSCFT	MCFT-001	New Delhi	Since July Session 2012-till date	2 hour each	Face to face
3.	MSCCFT	MCFT-005	New Delhi	Since July Session 2012-till date	2 hours each	Face to face
4.	MSCCFT	MCFT-006	New Delhi	Since July Session 2012-till date	2 hours each	Face to face

13. Contribution to IGNOU's corporate life:

SNo.	Chairperson/ Member of Committee	Name of the Committee	Date/ period
1.	Member	Stock verification committee	27 th May 2011
2.	Member	Purchase committee	3 rd August, 2011
3.	Member	Purchase committee	6 th Feb. 2013
4.	Member	Selection committee	May 2013
5.	Chairperson	RC CASH committee	Feb 2014
6.	Member	RC Innovative Club	2015
7.	Member	Invitation and seating arrangement committee	28 th March 2019

14. Administrative position/s held in the University (even as in charge)

SNo.	Designation	Period
1.	Regional Director (I/C)	3/10/11 – 7/10/11
2.	Regional Director (I/C)	9/05/13 – 15/05/13

15. Any other contribution/information

- Inspection of Community Colleges under the jurisdiction of Regional Centre Delhi-3
- Organised days of National importance like Independence Day, Republic Day, *Ekta Divas*, Yoga Day, Youth Day etc at Regional Centre, Delhi-3 during the period of May, 2011- June 2016.
- Coordinated Interactive Radio Counselling at National level.
- Appointed as observer for entrance exams conducted by IGNOU and CBSE.

(Duly authenticated by the Director/ Head of School/ Division/ Unit/Centre / Cell)

- Participated as Resource person in Orientation Programmes for part-time staff and academic counsellors, Annual Meeting for coordinators & PICs and induction meetings for freshly enrolled learners of IGNOU.
- Preparation of Annual Report of RC Delhi-3 for years 2013 & 2016
- Empanelled as expert for paper setter, evaluator for IGNOU and other HEIs.
- Attended Orientation programme, two Refresher programmes, two FDPs since 2011.

Signature of Teacher /Academic

Signature of Director/ Head