

(Duly authenticated by the Director/ Head of School/ Division/ Unit/Centre / Cell)

1. Details of the Teacher/ Academic :

Name & Date of Birth :	Dr. Reena Kumari (15.07.1973)
Date of Joining in IGNOU:	24 th May 2011
Current Designation :	Assistant Regional Director (Senior Scale)
Pay Scale as on date :	68900-205500
Qualifications :	M.A., M.PHIL, NET, Ph.D (PSYCHOLOGY)

2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:

Name of the recipient,	Honour /Award/ Fellowship name	Agency name /Name of statutory body/ institution/ Apex body	Period

3. Books/Book Chapter:

- Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN N

SNo .	Name of Author1/ Editor 1, & Co- author (s) / Co-editor (s) (if any)	Title of chapter/book	Place of publication	Publisher	Year	Total Pages	ISBN No.
Book published							
1	Dr. Reena Kumari Co-editor	Emerging Dimensions of Higher Education through Open & Distance Learning	Lucknow	Rapid Book Service	2014	368	978-93-82462-16-3
2	Dr. Reena Kumari Author	Gender and Mental Health Psychology	New Delhi	Gyan Geeta Prakashan	2018	276	978-93-844402-91-4
3	Dr. Reena Kumari Author	Industrial and Organizational Psychology	New Delhi	G.S. Publishers Distributors	2018	272	978-93-86048-75-2
Chapter Published in Book							
1	Dr. Reena Kumari Co-Author	Management of E-learning: Concept and Application in the Higher Education System/ Emerging Dimensions of Higher Education through Open & Distance Learning	Lucknow	Rapid Book Service	2014	14	978-93-82462-16-3

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2	Dr. Reena Kumari Co-Author	Management of Higher Education in Indian Context/	Lucknow	Rapid Book Service	2014	13	978-93-82462-16-3
3	Dr. Reena Kumari Co-Author	Crucial Changes for Indian Higher Education System/ Emerging Dimensions of Higher Education through Open & Distance Learning	Lucknow	Rapid Book Service	2014	13	978-93-82462-16-3

4. Research Articles/Publications:

SNo.	Author/ Co-author (if any)	Title	Name of Journal	Volume	page no. (s)	Year	ISSN No
1	Dr. Reena Kumari Author	Hkz"Vkp kj fu;a=.k dh ,d igy% lwpuk dk vf/kdkj vf/kfu;e 2005	Kashika	Vol.-2	6	2011	ISSN 2230-7494
2	Dr. Reena Kumari Author	Role of Physical Activity in Improving Quality of Life	The Journalist	Vol.-2 No. 2	3	2011	ISSN 2231-2943
3	Dr. Reena Kumari Author	i;kZoj.k iznw" k.k ,d fo'o0;kih leL;k ,oa lek/kku	The Journalist	Vol.-3 No. 3	6	2011	ISSN 2231-2943
4	Dr Reena Kumari, Co-Author	Hkkjr esa mPp f'k{kk dh xq.koRrk% leL;k ,oa lek/kku	The Journalist	Vol.-4 No. 4	9	2012 JAN to MARCH	ISSN 2231-2943
5	Dr Reena Kumari, Co-Author	ukjh l'kDrhdj.k gsrq Hkkjr ljdkj dh Hkwfedk vksj ewY; f'k{kk	Kashika	Vol.-3	5	2011 JULY to DEC	ISSN 2230-7494
6	Dr Reena Kumari Author	Human concerns of Environmental Conservation in Present Scenario	Abhivyakti	Vol.-3	4	2011	ISSN 0975-8801
7	Dr Reena	Role of cognitive style	Behavio-	Vol.-28	6	2011	ISSN0304-

	Kumari Co-Author	and Academic Self Concept in Learning and Achievement	rometric	No. 1-2			9078
8	Dr Reena Kumari Co-Author	Role of Emotional Maturity and Emotional Intelligence in Learning and Achievement in School Context	Shaikshik Parisamvad (An Internationa l Journal of Education)	Vol 2 No.-2	4	JULY 2012	ISSN2231- 2323 2231- 2404(Online)
9	Dr Reena Kumari Author	Manual Asymmetry and Gender Difference in Mathematical and Reasoning Ability	Shaikshik Parisamvad (An Internationa l Journal of Education)	Vol 3 No-2	7	2013 JULY	ISSN 2231- 2323
10	Dr Reena Kumari Co-Author	Environmental Awareness through Education	Shaikshik Parisamvad (An Internationa l Journal of Education)	Vol 4 No-2	4	JULY 2014	ISSN 2231- 2323
11	Dr Reena Kumari Author	Hkkjr esa udlyokn vkarfjd lqj{kk dks pqukSrh] leL;k ,oa lek/kku	The Journalist	Vol 3 No 15	6	OCT- DEC 2014	ISSN 2231- 2943
12	Dr Reena Kumari Author	Age & Sex Difference in Neuroticism and Extroversion with Reference to Delinquents	Shaikshik Parisamvad (An Internationa l Journal of Education)	Vol. 5 No. 1	5	JANUAR Y 2015	ISSN 2231- 2323
13	Dr Reena Kumari Co-Author	bafnj k xk;/kh jk"Vah; eqDr fo'ofokjky;% mPp f'k{kk dk csgrj fodYi	Gyan Garima Sindhu	Vol. 50 N	4	APRIL- JUNE 2016	ISSN 2321- 0443
14	Dr Reena Kumari Co-Author	Environmental Issues and Challenges in India	Flora and Fauna	Vol. 22 No.1	9	JUNE- DECEMB ER 2016	ISSN 0971- 6920

5. Policy Documents Reports/ Mimeos:

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SNo.	Title	Institution/ Agency	Year

6. Book Review published : N.A.

SNo.	Author/ Co-author (if any)	Title	Name of Journal	Volume	page no. (s)	Year	ISSN No

7. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops (Please do not mention if it is only participation without presentation)

SNo.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Seminar/ Conference/ Workshops	City	Date and Year
1	Author	Lohia Samajvadi Parti Evam Rajniti	Department of Social Sciences, BHU, Varanasi	Seminar	Varanasi	10 – 12 October 2011
2	Author	Quality Issue in Teacher Education in India	Deptt. Of Education Kamachha, BHU, Varanasi	Seminar	Varanasi	13-14 th November 2011
3	Author	Role of Music & sports in Mental Health & Emotional Development of Children	Deptt. Of Education Kamachha, BHU, Varanasi	Seminar	Varanasi	11-12 February 2012
4	Author	Challenges of Secondary Education In India	Faculty of Education Kamachha BHU Vanranasi	Seminar	Varanasi	24-25 November 2012
5	Author	Quality Concerns in Teacher Education in India	Deptt of Education U P College Varanasi	Seminar	Varanasi	31 August 2012
6	Author	Human Values and Education	Shepa Institute of Education Varanasi		Varanasi	15-17 January 2013
7	Author	Education and futuristic society	Faculty of Education Kamachha BHU Vanranasi	Seminar	Varanasi	31 March to 1 st April 2013
8	Author	Challenges of Naxalism in India	Deptt of Economics Mahatma Gandhi Kashi Vidyapith Varanasi	Seminar	Varanasi	19-20 October 2013
9	Author	Problem of Regional disparity in India	Deptt of Economics Mahatma Gandhi Kashi Vidyapith	Seminar	Varanasi	30 November and 1 st December

			Varanasi			2013
10	Author	पर्यावरण प्रदूषण, कारण एवं निवारण	CSIR-Indian Institute of Toxicology Research & Council of Scientific & Industrial Research Lucknow	Seminar	Lucknow	20 th October to 21 st October 2016
11	Author	The Impact of Digitalization of Public Service on Society (IDPSS-2018)	Mahamaya Govt. Degree College, Mahona, Lucknow	Seminar	Lucknow	20 th January to 21 st January 2018
12	Author	Higher Education of India : With Special Reference to Sustainable Development Goals	Maharaja Bijli Pasi Govt. PG College, Aashiyana, Lucknow	Seminar	Lucknow	28th January 2017
13	Author	Gender in Translation : Fidelity Reconstructed	School of Translation Studies and Training, Indira Gandhi National Open University, New Delhi	Seminar	New Delhi	9 th February to 10 th February 2017
14	Author	Youth Empowerment: Issues, Challenges & Concerns	Department of Journalism & Mass Communication, Department of Home Science and Department of Physical Education.	Seminar	Lucknow	22 nd February to 23 rd February 2017
15	Author	वर्तमान वैश्वीकरण के दौर में भारतीय संस्कृति का महत्व	Dayanand Vaidic PG College, Orai, Jalaun	Seminar	Jalaun	5 th March 2017 to 6 th March 2017
16	Author	महिला सशक्तीकरण हेतु कौशल विकास आधारित कार्यक्रमों की भूमिका	Bhartiya Institute for Research & Development (BIRD), Lucknow	Seminar	Lucknow	25 th March 2017 to 26 th March 2017
17	Author	Globalization & Well Being	Chaudhary Charan Singh University, Meerut	Seminar	Meerut	14 th April to 16 th April 2017
18	Author	Role of Human Values for Gaining Managerial Effectiveness	International Business Centre for Management & Foreign Languages at Jai Narain PG College, Lucknow	Seminar	Lucknow	19 th April 2017
19	Author	शैक्षिक अपवंचन के	Mahatma Gandhi	Seminar	Varanasi	6 th May 2017

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		निराकरण में इन्दिरा गाँधी राष्ट्रीय मुक्त विश्वविद्यालय की भूमिका	Kashi Vidyapith, Varanasi			to 7 th May 2017
20	Author	Issues of Sustainable Development in India	Babasaheb Bhimrao Ambedkar University, Lucknow	Seminar	Lucknow	25 th October to 27 th October 2017
21	Author	Stress : Coping and Management	Department of Psychology, National Post Graduate College, Lucknow	Seminar	Lucknow	12 th November to 14 th November 2017
22	Author	Science & Technology for New India	CSIR- National Botanical Research Institute, Lucknow at Sri Jai Narain PG College, Lucknow	Seminar	Lucknow	20 th November 2017
23	Author	Jal Sanrakshan- Issues & Challenges	Government P.G. College, Hamirpur	Seminar	Hamirpur	25 th & 26 th Feb. 2018
Invited Lecture						
24	Speaker	इग्नू के पाठ्यक्रमों की प्रासंगिकता	Ramswaroop Gramodyog P.G. College, Pukhrayan	Lecture	Kanpur Dehat	15-10-2015
25	Speaker	कैशलेस समाज आज की आवश्यकता	Ramswaroop Gramodyog P.G. College, Pukhrayan	Lecture	Kanpur Dehat	10-12-2016
26	Speaker	कैशलेस समाज— डिजिटल भारत की ओर बढ़ते कदम	Mahamaya Govt. Degree College, Mahona, Lucknow	Lecture	Lucknow	15-12-2016
27	Speaker	कैशलेस समाज आज की आवश्यकता	S.S. PG College, Shahjahanpur	Lecture	Shahjahanpur	28-12-2016
28	Speaker	Function of NGO's in promoting Social Welfare	J.N. PG College, Lucknow	Lecture	Lucknow	28-05-2017
29	Speaker	Evaluation of Education Material for use in school	J.N. PG College, Lucknow	Lecture	Lucknow	28-05-2017
30	Speaker	मानव मूल्यों की महत्ता	27 th Batalian PAC, Sitapur	Lecture	Sitapur	15-06-2017
31	Speaker	Environmental Awareness	S.S. PG College, Shahjahanpur	Lecture	Shahjahanpur	21-06-2017
32	Speaker	IGNOU Programmes & Career Possibility	R.R. PG College, Amethi	Lecture	Amethi	25-07-2017
33	Speaker	इग्नू के कौशल विकास आधारित पाठ्यक्रम	27 th Batalian PAC, Sitapur	Lecture	Sitapur	26-07-2017
34	Speaker	इग्नू के पाठ्यक्रमों की महत्ता	27 th Batalian PAC, Sitapur	Lecture	Sitapur	13-08-2017
35	Speaker	Skill Development Programmes of IGNOU and	Bipin Bihari College Jhansi	Lecture	Jhansi	24-08-2017

		possibility of employment				
36	Speaker	Importance of courses of IGNOU	C.S.N. PG College, Hardoi	Lecture	Hardoi	10-10-2017
37	Speaker	इग्नू के कौशल विकास आधारित पाठ्यक्रम एवं रोजगार की सम्भावनायें	Govt. P.G. College, Hamirpur	Lecture	Hamirpur	10-11-2017
38	Speaker	इग्नू के कौशल विकास आधारित पाठ्यक्रम	27 th Batalian PAC, Sitapur	Lecture	Sitapur	08-12-2017
39	Speaker	Relevance of IGNOU Programmes	C.S.N. PG College, Hardoi	Lecture	Hardoi	11-12-2017
40	Speaker	जल संरक्षण समस्या एवं समाधान	27 th Batalian PAC, Sitapur	Lecture	Sitapur	08-01-2018
41	Speaker	महिलाओं के विरुद्ध अपराध—समस्या एवं समाधान	S.S. PG College, Shahjahanpur	Lecture	Shahjahanpur	08-06-2018
42	Speaker	Lecture on Stress Management	PAC 27 th Batalian	Lecture	Sitapur	08-06-2018
43	Speaker	Lecture on “Crime against Women”	S.S. PG College	Lecture	Shahjahanpur	08-06-2018
44	Speaker	Lecture on Water Conservation	Bipin Bihari College	Lecture	Jhansi	12-06-2018
45	Speaker	Lecture on “Crime against Women”	Nehru PG College	Lecture	Lalitpur	13-06-2018
46	Speaker	जल संकट— समस्या एवं समाधान	Ramswaroop Gramodyog P.G. College, Pukhrayan	Lecture	Kanpur Dehat	14-06-2018
47	Speaker	महिला अपराध—समस्या एवं समाधान	Cane Grovers PG College, Gola, Kheri	Lecture	Lakhimpur Kheri	01-08-2018
48	Speaker	पोषण एवं स्वास्थ्य	R.R. PG College, Amethi	Lecture	Amethi	27-09-2018
49	Speaker	महिला सशक्तीकरण	Govt. P.G. College, Hamirpur	Lecture	Hamirpur	28-09-2018
50	Speaker	तनाव प्रबन्धन	Bipin Bihari College	Lecture	Jhansi	09-10-2018
51	Speaker	तनाव प्रबन्धन	33 Batalian PAC, Jhansi	Lecture	Jhansi	10-10-2018
52	Speaker	महिलाओं के विरुद्ध अपराध—समस्या एवं समाधान	Bipin Bihari College	Lecture	Jhansi	13-10-2018
53	Speaker	Stress Management & Education	J.N. PG College, Lucknow	Lecture	Lucknow	20-10-2018
54	Speaker	तनाव प्रबन्धन	Govt. P.G. College, Hamirpur	Lecture	Hamirpur	29-10-2018
55	Speaker	तनाव प्रबन्धन	Govt. P.G. College, Charkhari, Mahoba	Lecture	Mahoba	29-10-2018
56	Speaker	तनाव प्रबन्धन	A.T.C. Sitapur	Lecture	Sitapur	01-11-2018
57	Speaker	इग्नू के पाठ्यक्रम एवं	S.S. PG College	Lecture	Shahjahanpur	02-11-20178

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		रोजगार के अवसर				
58	Speaker	इग्नू के पाठ्यक्रम एवं तनाव प्रबन्धन	Bareilly College, Bareilly	Lecture	Bareilly	03-11-2018
59	Speaker	इग्नू के पाठ्यक्रम एवं तनाव प्रबन्धन	8 th Vahini PAC, Bareilly	Lecture	Bareilly	03-11-2018
60	Speaker	मानवीय मूल्यों का महत्व	A.T.C. Sitapur	Lecture	Sitapur	20-12-2018
61	Speaker	महिलाओं के विरुद्ध अपराध—समस्या एवं समाधान	A.T.C. Sitapur	Lecture	Sitapur	21-12-2018
62	Speaker	तनाव प्रबन्धन	30 TH Vahini PAC	Lecture	Gonda	08-01-2019

8. Study Tour Organised/ Participated/ Attachment Organized/Internship: N.A.

SNo.	Details of the tour	Name of coordinating body	Duration

9. Consultancy assignment (if any): N.A.

SNo.	Organization/ agency	Cost, title of consultancy	Duration

10. Details of Institution/ Government/ Industry / own Institution Sponsored Research Projects (including Programme Evaluation) and Amount (Both completed and ongoing): N.A.

SNo.	Agency	Amount	Duration with dates	Status i.e. ongoing/ completed

11. Details of PhD and MPhil Scholars (including those awarded degree): N.A.

SNo.	Name and enrolment no:	Year of registration	Year of completion/ award

12. Details of Programmes/ Courses coordinated/ written/ edited/ translated: N.A.

SNo.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited (content/ language/ format)/ Translated	Period

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- Courses/ Units translated and period
- Audio programmes (title, Course, period)
- Video programmes (title and Course, period)

13. Training programmes designed and conducted, duration and dates: N.A.

SNo.	Programme	Dates	Place	Number of Participants

14. Details of Counselling sessions conducted:

SNo.	Programme	Course	Place	Dates	Duration	Mode (Specify- Face to Face Radio counselling Teleconferencing Web conferencing Any Other)
1.	CIG	NES-101, 102, 103 & 104	IGNOU SC- 2700 Lucknow	2017	Each session 2 hours.	Face to Face / Radio Counselling
2.	MAPC	MPC-001 & 004	IGNOU SC- 48022 Varanasi	2013	Each session 2:30 hours	Face to Face / Radio Counselling
3.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	05.06.2013	45 Minutes	Radio Counselling
4.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	26.06.2013	45 Minutes	Radio Counselling
5.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	10.07.2013	45 Minutes	Radio Counselling
6.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	31.07.2013	45 Minutes	Radio Counselling
7.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	03.12.2013	45 Minutes	Radio Counselling
8.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	18.12.2013	45 Minutes	Radio Counselling
9.	Live Phone-in	Modality	IGNOU	26.12.2013	45 Minutes	Radio Counselling

	Programme	of IGNOU	RC Varanasi			
10.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	06.02.2014	45 Minutes	Radio Counselling
11.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	13.02.2014	45 Minutes	Radio Counselling
12.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	19.02.2014	45 Minutes	Radio Counselling
13.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	27.03.2014	45 Minutes	Radio Counselling
14.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	02.04.2014	45 Minutes	Radio Counselling
15.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	09.04.2014	45 Minutes	Radio Counselling
16.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	23.04.2014	45 Minutes	Radio Counselling
17.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	15.05.2014	45 Minutes	Radio Counselling
18.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	12.05.2014	45 Minutes	Radio Counselling
19.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	28.05.2014	45 Minutes	Radio Counselling
20.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	11.06.2014	45 Minutes	Radio Counselling
21.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	26.06.2014	45 Minutes	Radio Counselling
22.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	03.07.2014	45 Minutes	Radio Counselling
23.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	17.07.2014	45 Minutes	Radio Counselling
24.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Varanasi	19.07.2014	45 Minutes	Radio Counselling
25.	Live Phone-in	Program	IGNOU	31.12.2017	45 Minutes	Radio Counselling

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	Programme	mes of SOE	RC Lucknow			
26.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Lucknow	06.01.2018	45 Minutes	Radio Counselling
27.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Lucknow	22.01.2018	45 Minutes	Radio Counselling
28.	Live Phone-in Programme	Modality of IGNOU	IGNOU RC Lucknow	01.05.2018	45 Minutes	Radio Counselling
29.	Live Phone-in Programme	Program mes of SOEDS	IGNOU RC Lucknow	24.07.2018	45 Minutes	Radio Counselling
30.	Live Phone-in Programme	Master's Degree Program me	IGNOU RC Lucknow	28.08.2018	45 Minutes	Radio Counselling

15. Details of Patents granted (if any): N.A.
16. Contribution to IGNOU's corporate life:

SNo.	Chairperson/ Member of Committee	Name of the Committee	Date/ period
1.	Member	B.Ed Admission Committee	2012
2.	Member	B.Ed Admission Committee	2013
3.	Member	B.Ed Admission Committee	2014
4.	Member	B.Ed Admission Committee	2015
5.	Member	B.Ed Admission Committee	2016
6.	Member	B.Ed Admission Committee	2017
7.	Member	M.Ed Admission Committee	2012
8.	Member	M.Ed Admission Committee	2013
9.	Member	M.Ed Admission Committee	2014
10.	Member	M.Ed Admission Committee	2015
11.	Member	R.C. Cash	2012-2014
12.	Member	R.C. Cash	2014-2016
13.	Chairperson	R.C. Cash	2017 to 2019

17. Administrative position/s held in the University (even as in charge)

SNo.	Designation	Period
1.	Examination Incharge at IGNOU RC Lucknow	2015 to till date
2.	Nodal Officer, Career Counselling Cell	2016 to till date
3.	Nodal Officer, IGNOU Special Study Centres (Jails)	2016 to till date
4.	Incharge of IGNOU Study Centre 2700 at RC building.	2016 to till date

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18. Any other contribution/information :

1. Cashless rally in various districts of Uttar Pradesh
2. Cleanliness Campaign in various districts of Uttar Pradesh

Signature of Teacher /Academic

Signature of Director/ Head